KIRAN RABHERU, MD, CCFP, FRCPC, FCFP, DABPN

Full Professor, University of Ottawa Geriatric Psychiatrist, The Ottawa Hospital 1-72 Queen Elizabeth Drive, Ottawa, Ontario, Canada. K2P1E4 Phone: 613-898-3375 Email: kiranrabheru@hotmail.com

PROFESSIONAL EDUCATION

Geriatric Psychiatrist	Royal College of Physicians and Surgeons of Canada	Sept 2014
Geriatric Psychiatrist	American Board of Psychiatry and Neurology	Original: 1994
	Recertifie	d: 2005 & 2014
Physician Executive	Canadian Society of Physician Executives	April 2014
Founder	Sub-specialty of Geriatric Psychiatry in Canada (RCPSC)	Oct 2011
Board Certified	American Board of Psychiatry and Neurology (Psychiatry-DABPN)	April 1992
Fellow	Royal College of Physicians and Surgeons of Canada (Psychiatry-FRCP)	June 1990
Family Medicine	Certificant, College of Family Physicians of Canada	June 1987
	Fellow, College of Family Physicians of Canada	Nov 2004
Medical Doctor (MD)	University of Western Ontario (UWO), London, ON	May 1980

ACADEMIC APPOINTMENTS

Full Professor, University of Ottawa	2012-present
Program Site Coordinator, Geriatric Psychiatry Residency Program, TOH	2011-2018
Associate Professor, University of Ottawa	2008-2012
Clinical Associate Professor, University of British Columbia, Vancouver, BC	2005-2013
Chair, Division of Geriatric Psychiatry, University of Western Ontario	2002-2004
Associate Professor, Department of Psychiatry, University of Western Ontario,	1997-2005
Acting Chair, Division of Geriatric Psychiatry, University of Western Ontario	2002
Assistant Professor of Psychiatry, University of Western Ontario, London, Canada	1990-1997
Assistant Professor, Faculty of Applied Health Sciences (Cross-Appointment), UWO	1991-1997

CLINICAL APPOINTMENTS

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Geriatric Psychiatrist / Consultant, TOH, EB, Ottawa, ON	2008-present
Medical Director, Geriatric Psychiatry Behaviour Support Program, TOH	2013-2021
Medical Director, Geriatric Psychiatry Service, TOH	2012-2021
Medical Director, Electroconvulsive Therapy Service, TOH	2012-2021
Co-Chair, Patient Safety and Quality Committee, Depart. of Psychiatry, TOH	2011-2016
Geriatric Psychiatrist, Elizabeth Bruyere (EB), Ottawa, ON	2008-2014
Geriatric Psychiatrist, Vancouver General Hospital, Vancouver, BC	2005-2008
Geriatric Psychiatrist, Riverview Hospital, Vancouver, BC	2005-2008
Physician Leader and Geriatric Psychiatrist, Geriatric Psychiatry Program	1997-2004
Physician Leader and Regional Mental Health Care, London/St. Thomas, ON	1993-1997
Director and Geriatric Psychiatrist, Geriatric Unit, London Psychiatric Hospital	1990-1993
Director and Geriatric Psychiatrist, Geriatric Unit, St. Thomas Psychiatric Hospital	1990-1993
Family Physician, Emergency Medicine, Obstetrics, London, Toronto, Illinois	1981-1986

INNOVATIONS IN HEALTH CARE DELIVERY

TOH Physician Lead, Regional ECT Planning Group, Champlain LHIN	2014-2021
Creator & Physician Lead, Geriatric Psychiatry Behavior Support Program, TOH	2012-2021
Creator & Developer, National Simulation-Based ECT Course, Univ of Ottawa, TOH	2011-2021

LEADERSHIP ROLES & AWARDS

Board of Directors - International Psychogeriatric Association (IPA)	2017-present
Chair, Advocacy & Public Awareness Committee, IPA	2018-present
Chair, Section - World Psychiatric Association (WPA) Section on Positive Psychiatry	2017-present
Chair of the Board, International Longevity Centre of Canada (ILC Canada)	2016-present
Nominated for the Canadian Psychiatric Association's CA Roberts Award for a	
psychiatrist-clinician for significant contribution to the improvement of patient care.	2021
Canadian Psychiatric Association Distinguished Fellow Award	2021
Ontario Medical Association Life Membership Award	2021
Chair, Steering Group- Global Alliance for the Rights of Older People (GAROP)	2020-2022
Nominated: Donald Richards Wilson Award for CanMEDS Integration	2021
Co-Leader, Canadian Coalition of Seniors' Mental Health (CCSMH)	2016-2022
Board of Directors- Canadian Academy of Geriatric Psychiatry (CAGP)	2016-2022
President, Academy of Medicine Ottawa, (AMO)	2017-2018
Chair, CPA Section on ECT and Neurostimulation	2017-2018
Executive Member, Elected Delegate to Ontario Medical Association Council Member, OMA Health Policy Seniors Care Working Group, Ontario Medical Asso	2014-2018 10/13-2018
Creator and Faculty, National Course on ECT for Clinicians at the CPA	2001-2021
Member, Alzheimer's Knowledge Exchange Interest Group: Behavioral Support in	2014-2015
Acute Care Settings	2014-2016
Past-President, Canadian Academy of Geriatric Psychiatry (CAGP)	2012-2016
Member, CAGP/CGS Subcommittee, Choosing Wisely Canada	08/2014
Member, CANECTS Group: Development of National Accreditation Standards and	00/2011
Accreditation Guidelines for ECT	05/2014
Invited Member, Sector Advisory Committee for The Appropriate Prescribing	04/2014
Demonstration Project in Long-term Care Homes, OMA and MOHLTC Joint Cmt	
Invited Advisor, Use of ECT in Ontario, Canadian Institute for Health Information	02/2014
Recipient, The Ottawa Hospital Guardian Angel Award, The Ottawa Hospital	02/2014
Mental Health Leader Inspiration Award nomination, Royal Ottawa Foundation	
Canadian Certified Physician Executive (CCPE)	01/2014
Paul Patterson Innovation in Education Leadership Award nomination, Canadian	
Psychiatric Association	
R. O. Jones Award, 1st Place, for best scientific paper, CPA Annual Meeting	09/ 2013
The Ottawa Hospital (TOH) Quality Award 2012/13, 2 nd prize. Code White: A safety	2013
intervention of the last resort – using therapeutic communication and developing trust	
so mental health patients can have a positive hospital experience	
CAGP Award for Outstanding Achievements in Geriatric Psychiatry	2012
Best Overall Presentation Award, Academy for Innovation in Medical Education (AIME)	2012
Medical Education Day, 2012	2012
President, Canadian Academy of Geriatric Psychiatry (CAGP)	0000 0040
Member, Board of Directors, Canadian Academy of Geriatric Psychiatry	2008-2012
Member, Scientific Committee for Annual Meeting, CAGP Member, Record of Directors, Canadian Psychiatria Association (CRA)	2004-2016
Member, Board of Directors, Canadian Psychiatric Association (CPA) Chair, Council of Academies, Canadian Psychiatric Association	2010-2014
Member, Committee on Continuing Professional Development, CPA	2010-2016 2010-2016
Member, Specialty Committee in Geriatric Psychiatry, RCPSC	2009-2014
Member, Scientific Planning Committee, International Psychogeriatric Association	2011-2015
Monibor, Solonullo Flaming Commuce, international Fayoriogenatio Association	2011-201J

FORMAL LEADERSHIP TRAINING

Engaging Others - Physician Leadership Institute (PLI)	Feb 2020
Leading High Performance - Physician Leadership Institute (PLI)	Feb 2019
Managing Disruptive Behavior - Physician Leadership Institute (PLI)	Feb 2017
Masters Certificate, OMA-CMA Physician Leadership Development Program (PLDP)	June 2013
Dollars and Sense, Physician Manager Institute, (PMI)	May 2013
The Physician Leadership Program: Improving Quality and Patient Safety	2011-2012
Telfer School of Management & The Ottawa Hospital, Univ of Ottawa Faculty of Medicine	е
Strategic Planning: From Vision to Action, Physician Manager Institute, (PMI),	Mar 2012
Leadership Development for Physicians, The Ottawa Hospital	
Leading Change and Innovation, Physician Manager Institute, (PMI)	Nov 2011
Understanding Hospital Dynamics, Physician Manager Institute, (PMI)	Nov 2011
Leadership for Physician Executives, Harvard Medical School	April 2011
Engaging Others, Physician Manager Institute, (PMI)	Feb 2011
Professionalism and the Disruptive Physician, The Ottawa Hospital	June 2010
Successful Negotiations, The Ottawa Hospital-Physician Management Institute (PMI)	Apr 2009
Planning for Change, Canadian Institute of Health Research	Nov 2007
Health Management Program, Segal School of Business, Simon Fraser University	2007

LEADERSHIP IN SCIENTIFIC ADVOCACY

2015-present: The major focus of my academic activity has been leadership in <u>scientific advocacy</u> to combat ageism against older persons and to protect and promote their human rights in Canada and across the world.

Working with ILC-C and partners (See website for details <u>ILC Canada</u>, I strive to attain our vision of a world free of ageism, and to this end, I have created a <u>Canadian Coalition Against Ageism (CCAA)</u> in Toronto, Canada on November 29-30, 2022 to galvanize support for a <u>United Nations convention on the rights of older persons</u>.

As Board Member & Chair of the Advocacy and Public Awareness Committee of the International Psychogeriatric Association (IPA), I have nurtured a fruitful partnership with the World Psychiatric Association - Section of Old Age Psychiatry (WPA-SOAP). A core group of committed members have joined forces to protect and promote the human rights of older persons with mental health conditions and psychosocial disabilities globally, to ensure that they not discriminated against, based on their age, their mental health or psychosocial disability status, and are able to fully enjoy their human rights on an equal basis with other citizens.

- May 2023: <u>Southeast knowledge exchange network webinar series</u>. <u>Combating Ageism and Providing Human Rights-Based Care for Older Persons</u> <u>Recording</u>
- May 2023: AM Pot, K. Rabheru, M. Chew: Person-Centred Long-Term Care for Older Persons: a new Lancet Commission. Accepted for publication on May 3, 2023, The Lancet. -D-23-02136
- October 2021: <u>Co-Editor & Author of a Special Edition of American Journal of Geriatric</u>
 <u>Psychiatry. Combating Ageism, Mentalism and Ableism: It's time for a United Nations Convention on the Human Rights of Older Persons. October 2021. Volume 29; Issue 10; pages 989-1078</u>
- April 2023: International Longevity Center Canada's Side Event of the United Nations Open-ended Working Group on Aging (OWEGA): 13th session See the recorded session here & Program for Side Event
- November 2022: Formal launch of the Coalition of Canadians Against Ageism (CCAA)
 Campaign, Toronto, Canada. November 29-30, 2022
- August 2022: OHCHR's multi-stakeholder meeting on the human rights of older persons, Palais des Nations, Geneva, Switzerland. August 29-30, 2022
- June 2022: UNECE Ministerial Conference on Ageing, Rome, Italy, June 17-18, 2022

- April 2022: <u>International Longevity Center Canada's Side Event of the United Nations</u>
 <u>Open-ended Working Group on Aging (OWEGA): 12th session in New York, NY.</u>
- March 2022: EAPO Provincial Conference Canadians Against Ageism. March 29, 2022

Pan Canadian Elder Abuse Strategy, Canadian Network for the Prevention of Elder Abuse	Dec 2, 2020
Human Rights and Mental Health of Older Adults- IPA webinar	Dec 10, 2020
NHRI 2020 On-line Conference on the Rights of Older Persons	Dec 7, 2020
Ageism: Why We Need a United Nations Convention on the Rights of Older Persons	
House of Commons: Standing Committee on the Status of Women:	
Challenges Faced by Senior Women	April 4, 2019
UN: 9th. Open Ended Working Group (OEWGA) Presentation, New York	July 24, 2018
UN: 8 th . OWEGA New York	Nov 4, 2016
Kiran Rabheru speaks on the importance of a UN Convention for the Rights of Older Perso	<u>ns</u>
Watch on UN Web TV	
	2016
Invited Member. Canadian Medical Association Demand A Plan Campaign 2	2016 2015-2018
Invited Member. Canadian Medical Association Demand A Plan Campaign Invited Member, CPA Task Force, Medical Assistance in Dying (MAID)	
Invited Member. Canadian Medical Association Demand A Plan Campaign2Invited Member, CPA Task Force, Medical Assistance in Dying (MAID)2Founding Member, Canadian Seniors Health Collaborative – Forum April 20182	2015-2018
Invited Member. Canadian Medical Association Demand A Plan Campaign Invited Member, CPA Task Force, Medical Assistance in Dying (MAID) Founding Member, Canadian Seniors Health Collaborative – Forum April 2018	2015-2018 2014-2019
Invited Member. Canadian Medical Association Demand A Plan Campaign Invited Member, CPA Task Force, Medical Assistance in Dying (MAID) Founding Member, Canadian Seniors Health Collaborative – Forum April 2018 Member, Champlain LIHN Behavioural Support System Steering Committee Champlain Local Health Integration Network (LHIN), Ontario &	2015-2018 2014-2019

PUBLICATIONS AND PEER-REVIEWED RESEARCH

Investigator or Co-Investigator Funding Sources: CIHR, Health Canada: Substance Use and Addictions Division, Centre for Aging and Brain Health Innovation's (CABHI)-, Alzheimer's Society of Canada, DSEN, BC Pharmacare

Over 80 scientific publications, books, and book chapters with over 3000 citations:

Click here to review on Google Scholar

Click here to review on ResearchGate

Click here to review on PubMed

FULL CURRICULUM VITAE AVAILABLE UPON REQUEST





Dr. Kiran Rabheru is Professor of Psychiatry at the University of Ottawa and Geriatric Psychiatrist at The Ottawa Hospital. He obtained his MD from the University of Western Ontario. He is a Certificant and a Fellow of the College of Family Physicians of Canada (CCFP, FCFP) and a board certified geriatric psychiatrist in Canada and the United States (FRCP, DABPN). Dr. Rabheru is designated as a Founder of the subspecialty of Geriatric Psychiatry by the Royal College of Physicians and Surgeons of Canada. He is recipient of the Outstanding Achievements in Geriatric Psychiatry in Canada award by the Canadian Academy of Geriatric Psychiatry (CAGP). Dr. Rabheru is passionate and committed to serving older persons and creating a world in which they can live free from discrimination and able to fully enjoy their rights.

Currently, he is the Chair of the Board of the International Longevity Centre, Canada (www.ilccanada.org). He is a Board member as well as Chair of the Advocacy and Public Awareness Committee of the International Psychogeriatric Association (www.ipa-online.org). Dr. Rabheru is Chair of the Section of Positive Psychiatry of the World Psychiatric Association (https://www.wpanet.org/) and a member of the National Leadership Team for the Fountain of Health (www.fountainofhealth.ca), which promotes healthy aging, brain resilience and vitality.

In the recent past, he has served as CAGP's President and Board member (www.cagp.ca), Chair of the Steering Group for the Global Alliance for the Rights of Older People – GAROP (https://rightsofolderpeople.org), and Co-Leader of the Canadian Coalition for Seniors' Mental Health (https://ccsmh.ca/).

For a summary of Dr. Rabheru's publications, please click here